



**Build Healthier Communities Through Food - Second Harvest
AmeriCorps Recruiting Now**

Apply online through July 31 at

<https://my.americorps.gov/mp/listing/viewListing.do?id=50889&fromSearch=true> (click on red "Apply Now!" button)

With one out of eight people in Spokane -- including one in five children -- struggling with hunger, you can help fill the gap by increasing healthy food access. **Second Harvest needs six AmeriCorps members, age 18 and older (or 17 years of age with signed parental consent form), at its Spokane hunger solution center. Available terms of service are Sept. 1, 2018-July 15, 2019; Sept. 16, 2018-July 31, 2019; Oct. 1, 2018-Aug. 15, 2019; and Oct. 16, 2018-Aug. 31, 2019.**

The AmeriCorps team will coordinate nutrition education in Second Harvest's teaching kitchen and at schools, youth programs, community centers, senior centers, alongside Mobile Market free food distributions that feature fresh produce and other healthy food, and at other easily accessible locations. AmeriCorps members will lead hands-on cooking classes, demonstrations, nutritious food sampling, recipe sharing and other nutrition education interventions aimed at building healthy eating habits and improving food security among children, families and

seniors. They also will train volunteers to provide nutrition education.

Goals of this nutrition education include improving healthy eating habits among children; teaching families how to prepare tasty, nutritious meals within their limited budgets; and helping seniors get the nutrients they need to remain strong and independent.

Second Harvest promotes health as an essential part of the solution to hunger. **You will make a difference by joining Second Harvest's AmeriCorps team to build healthier communities through food.**

AMERICORPS MEMBER BENEFITS:

- Invaluable experience for school, a future job or new career
- Extensive training and professional development
- \$5,920 education award provided by National Service Trust (upon successful completion of 10.5-month term and 1,700 hours of service)
- \$1,307.82 per month living stipend provided by Washington Service Corps (before taxes)
- Eligibility for health insurance coverage (member only and only if no other health insurance coverage)
- Subsidized child care (if qualified)
- Student loan forbearance (on qualifying loans)

REQUIREMENTS/QUALIFICATIONS:

- Commit to serve full time for a complete term (Sept. 1, 2018-July 15, 2019; Sept. 16, 2018-July 31, 2019; Oct. 1, 2018-Aug. 15, 2019; or Oct. 16, 2018-Aug. 31, 2019)
- Serve 40 hours a week and meet the 1,700-hour minimum requirement for the 10.5-month term of service
- Be a U.S. citizen or lawful permanent resident
- Have a valid driver's license and clean driving record
- Pass required criminal background checks
- Occasional travel within Eastern Washington

- Must be comfortable working with a wide variety of people from all walks of life and backgrounds

TO APPLY: Go to

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To learn more about Second Harvest, visit www.2-harvest.org or www.secondharvestkitchen.org. Contact Mindy Wallis at mindy.wallis@2-harvest.org or 509-252-6289 for more information about this AmeriCorps opportunity.

Second Harvest values diversity in its workforce and is committed to Equal Opportunity and Affirmative Action.